

## **BIOGRAPHICAL INFORMATION**

### **JAY HELM**

Jay Helm, from Tulsa, was appointed as an Oklahoma State Regent by Governor Mary Fallin in May, 2013, serving a nine year term ending in 2022. The Oklahoma State Regents for Higher Education is the constitutional coordinating board for the Oklahoma colleges and universities responsible for allocating state funds, setting admission standards and academic policies.

Regent Helm is President and CEO of American Residential Group, Ltd., a firm involved in the management and development of multifamily residential properties. Prior to forming American Residential Group, he served for 15 years as the Managing Partner for Lincoln Property Company in the Oklahoma and Arkansas Region.

A native of Missouri, Helm graduated from Tulsa Edison High School and Oklahoma State University with a Bachelor of Business Administration degree.

He currently serves on the Board of the Oklahoma State Regents for Higher Education, the University Center at Tulsa Board of Directors, the Board of Trustees for OSU Medical Center, the Board of Directors for F & M Bank and Trust Company and the Tulsa Regional Chamber of Commerce Board and Executive Committee. He also served on the Board of Trustees for OSU-Tulsa from 1999 to May 2013 and on the OSU & A&M Colleges Board of Regents from 2001 to May 2013. Jay is active in a number of civic projects, including the Tulsa Area United Way.

Jay and his wife, Fayenelle, have been married 34 years and have one daughter, Christian. They are members of First United Methodist Church.